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Change Management Consultants

# Goal setting

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What we do - we help people get what they want in life - rather than what they worry about.

We run success workshops, give talks and provide facilitation programmes that help people understand how their brain works so they can supercharge their natural goal setting abilities by engaging both their left brain - the logical, management & word side - and their right brain - the emotional, leadership & picture side

Setting a direction for ourselves - goals / objectives / aims- whatever you want to call it - is a master skill of life - master this, and you can have the success you are looking for - and with the world changing as quickly as it is, this skill has never been more important than it is now

To achieve this, we use **Brian Mayne's Goal Mapping** - an incredibly versatile tool that has a large number of applications from personal goals, through to business and life goals - from creating a more healthy lifestyle to achieving greater financial success and on to creating a better life for you and your family are just a few of the areas that you can use this tool

And it can be applied in a number of ways to achieve a variety of different objectives - mapping, tracking, brainstorming, unifying and future projecting

Our success workshops are fun and interactive - they can be run for a group of like minded individuals who are interested in their own development - and they can be run for businesses who are looking to develop their most important asset - their people - or perhaps who want to overcome a particular challenge they're facing - again the possibilities are wide ranging

Our talks can be anything from 10 to 90 minutes, are lively, engaging and will include some tips to help the audience get started on their journey towards getting more of what they want in their lives

Our facilitation programmes can either deliver the Goal Mapping workshop in a 1-on-1 environment - or it can be used as powerful follow up to the workshops to really help you drive towards what you want

**Interested ? Intrigued ? Not quite sure how it could help you specifically ? Want to find out more ? Contact us and we'll be more than happy to answer your questions**

For more information contact:

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